

HYGIENE GEGEN VIREN

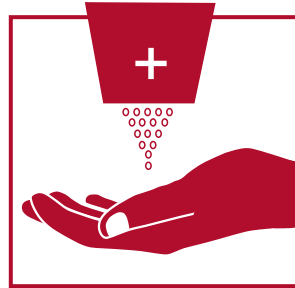
Hygiene against virus

Häufig Hände waschen,
Seife benutzen



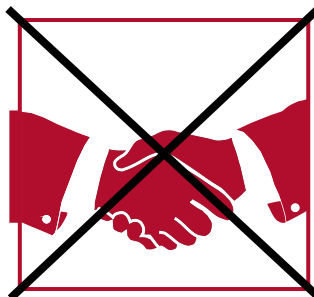
Frequent hand washing,
using soap

Hände desinfizieren



Disinfect hands

Körperkontakt vermeiden,
keine Hände schütteln



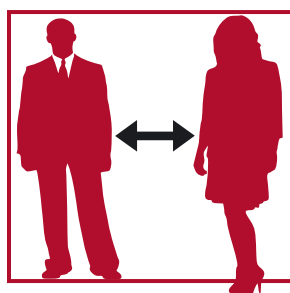
Avoid physical contact,
no shaking hands

Hände nicht ins Gesicht, in die
Armbeuge niesen oder husten



Keep hands away from face, sneezing
or coughing in the
crook of the arm

Abstand zu anderen halten



Distance to other people